PERSONAL HYGIENE AND PREVENTIVE MEDICINE MEASURES

Lesson 2

PERSONAL HYGIENE and PREVENTIVE MEDICINE MEASURES

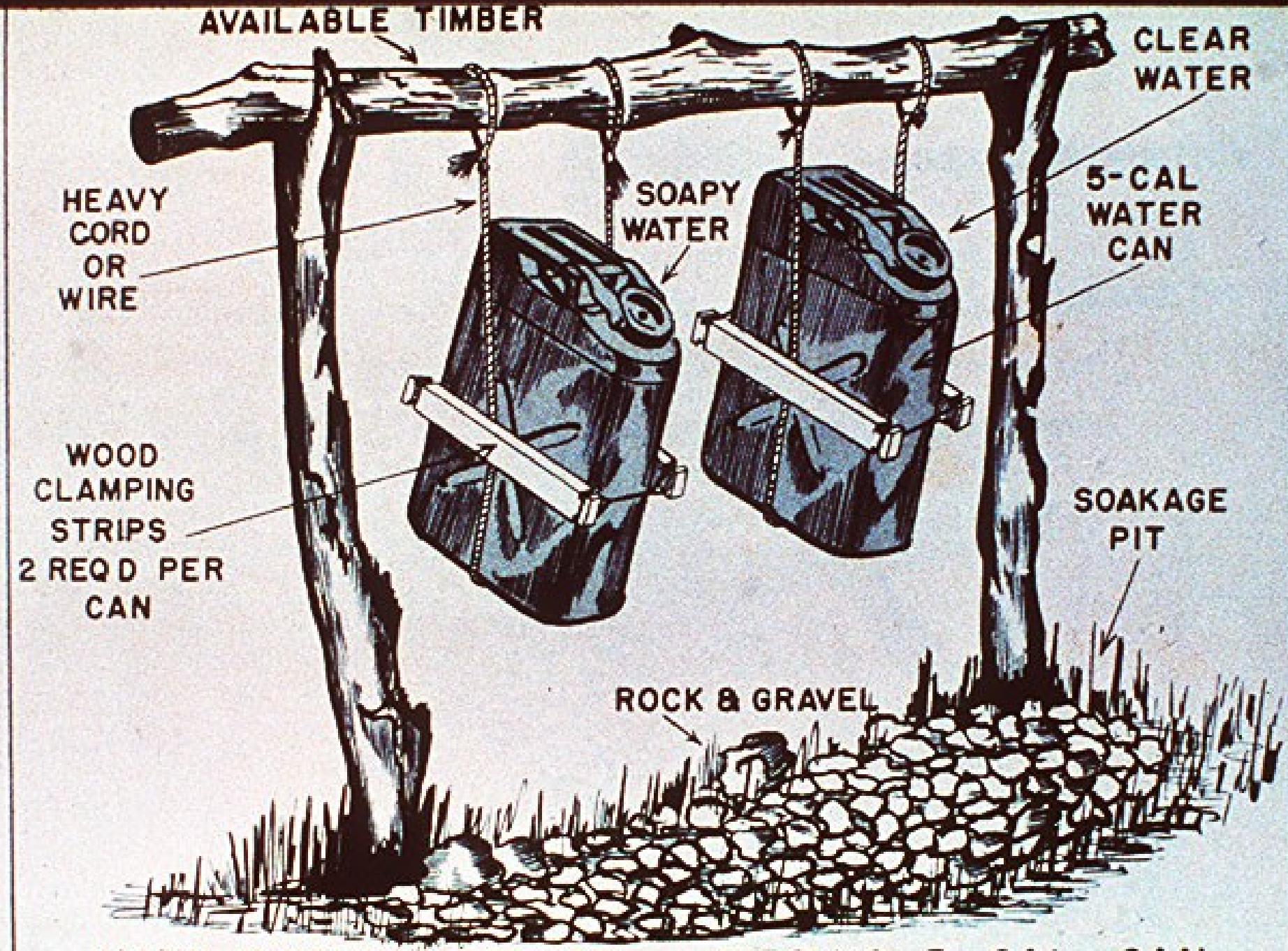
OBJECTIVES

PERSONAL HYGIENE

Cold Injury
Types:
-Chilblain
-Trench Foot
-Frostbite
-Hypothermia

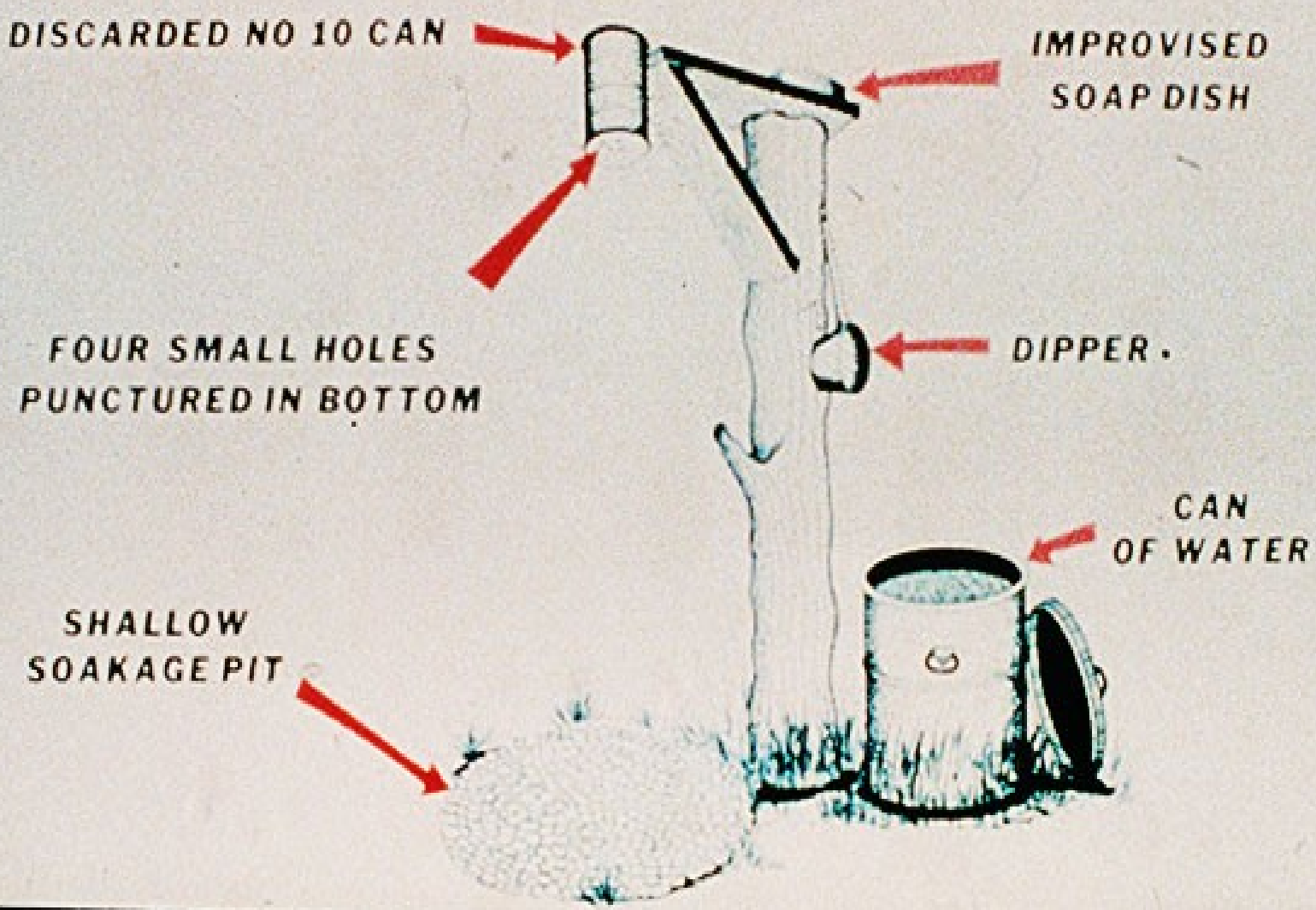
PERSONAL HYGIENE DEVICES

- Handwashing devices



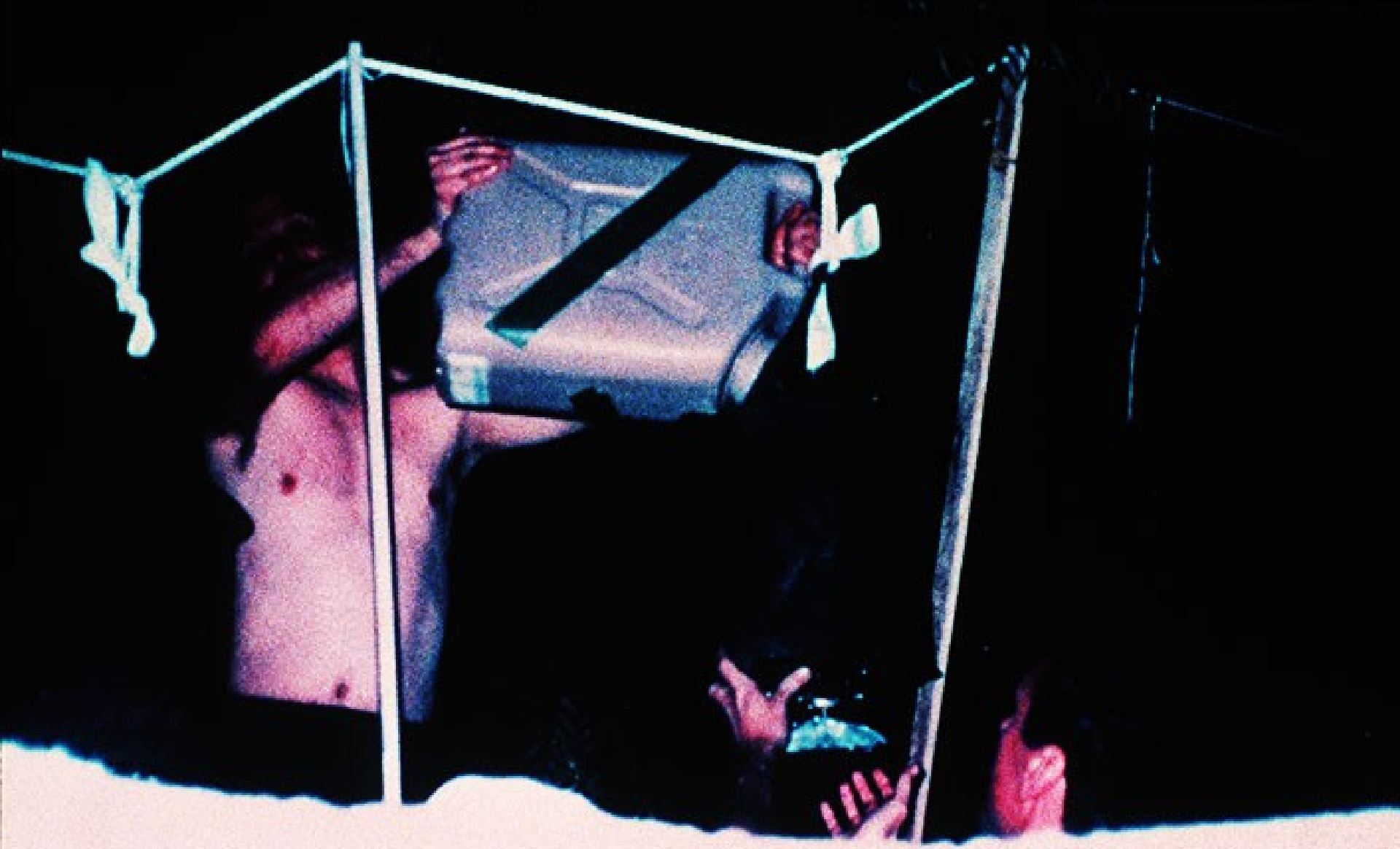
HAND WASHING DEVICE — TIPPING 5-GAL CAN

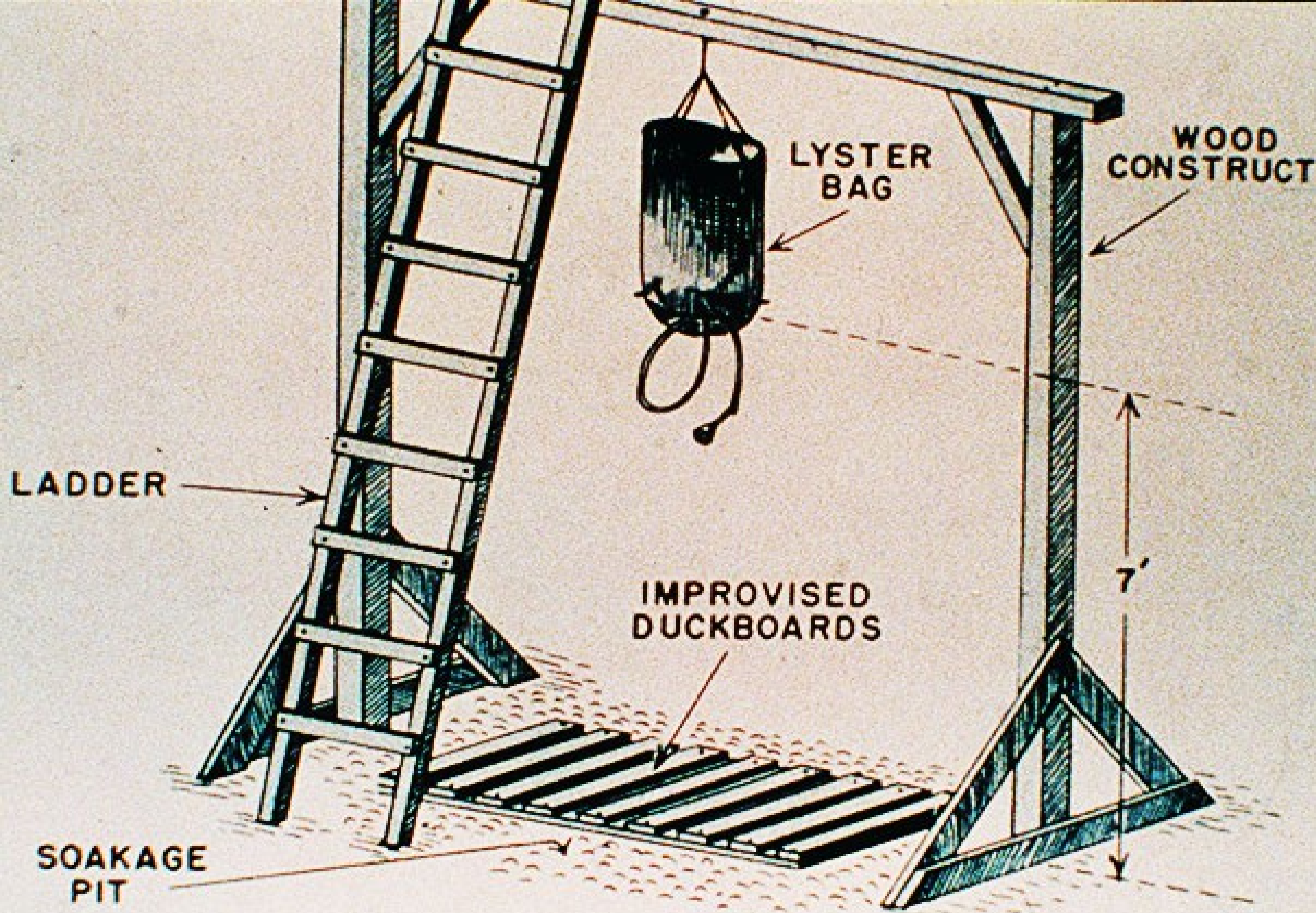
HAND-WASHING DEVICE



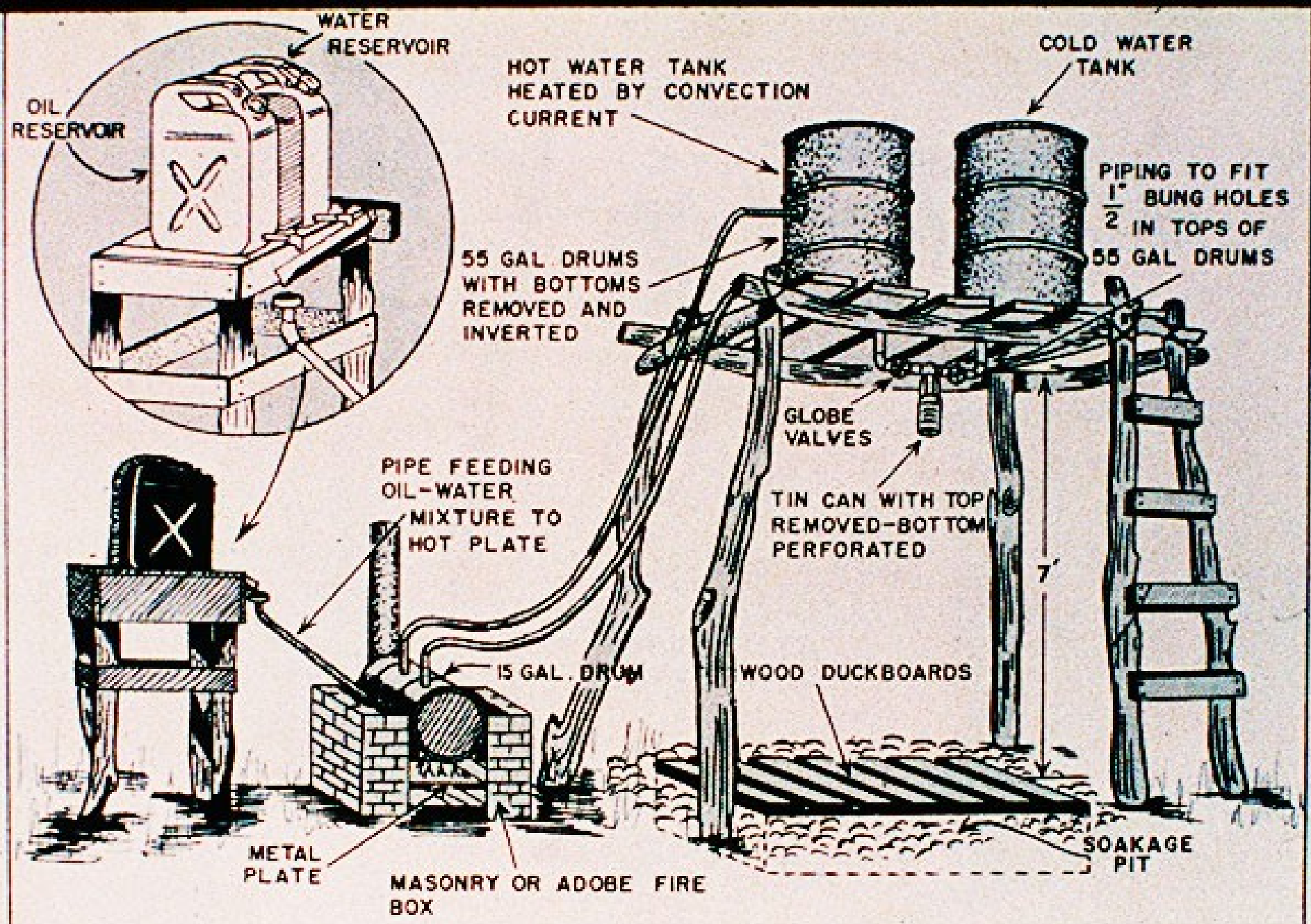
PERSONAL HYGIENE DEVICES

- Handwashing devices
- Showering devices

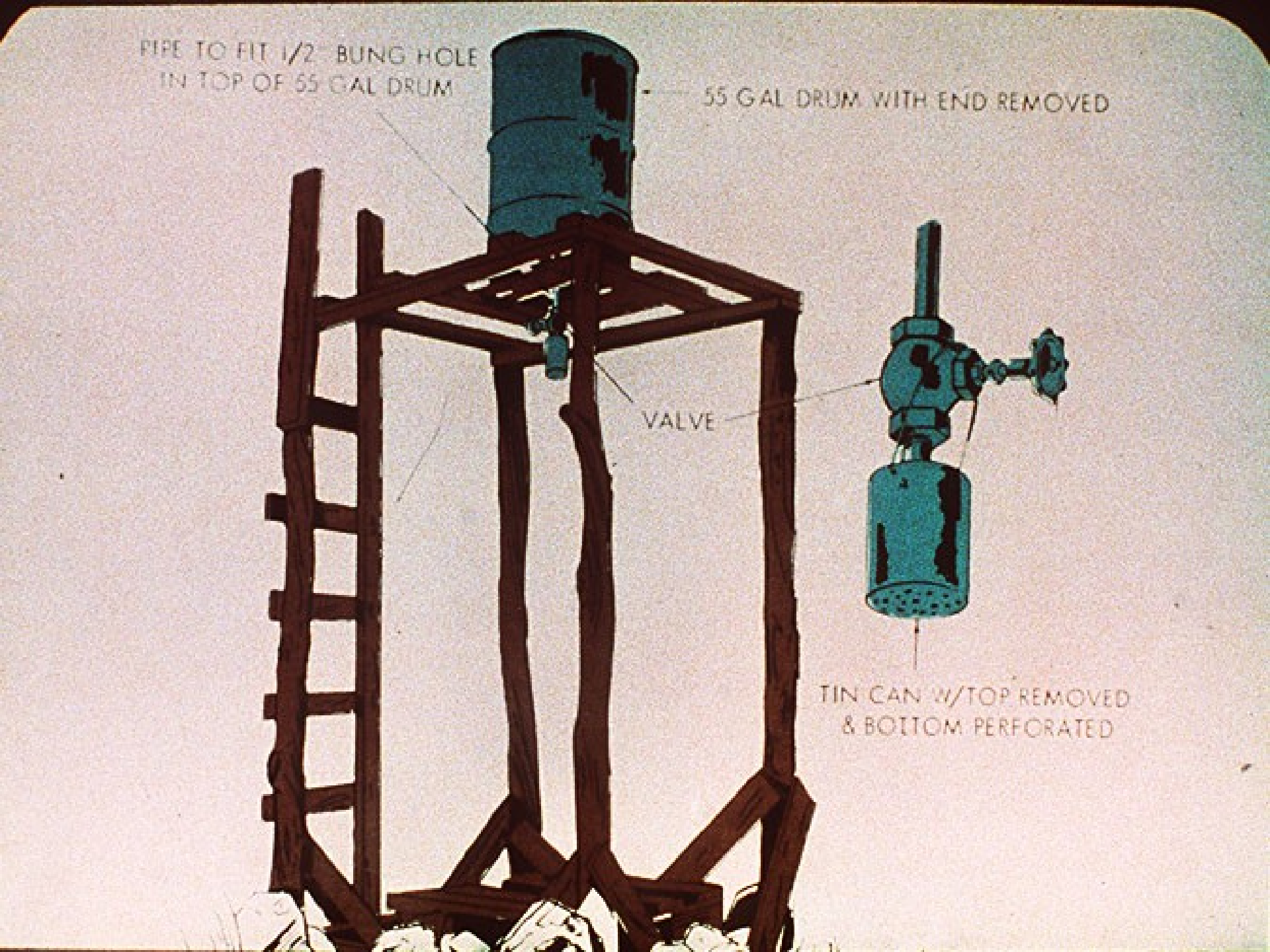




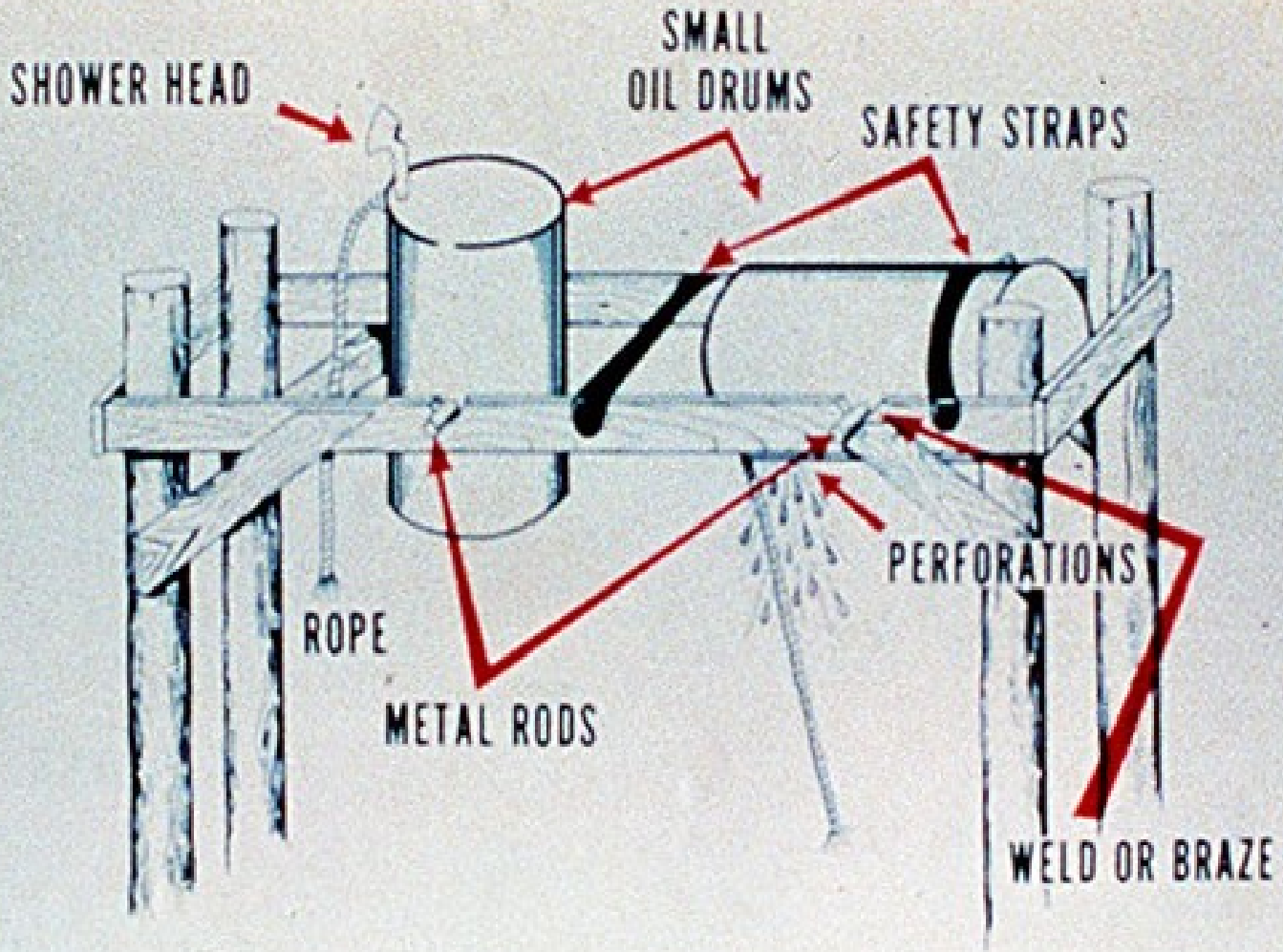
LYSTER BAG SHOWER

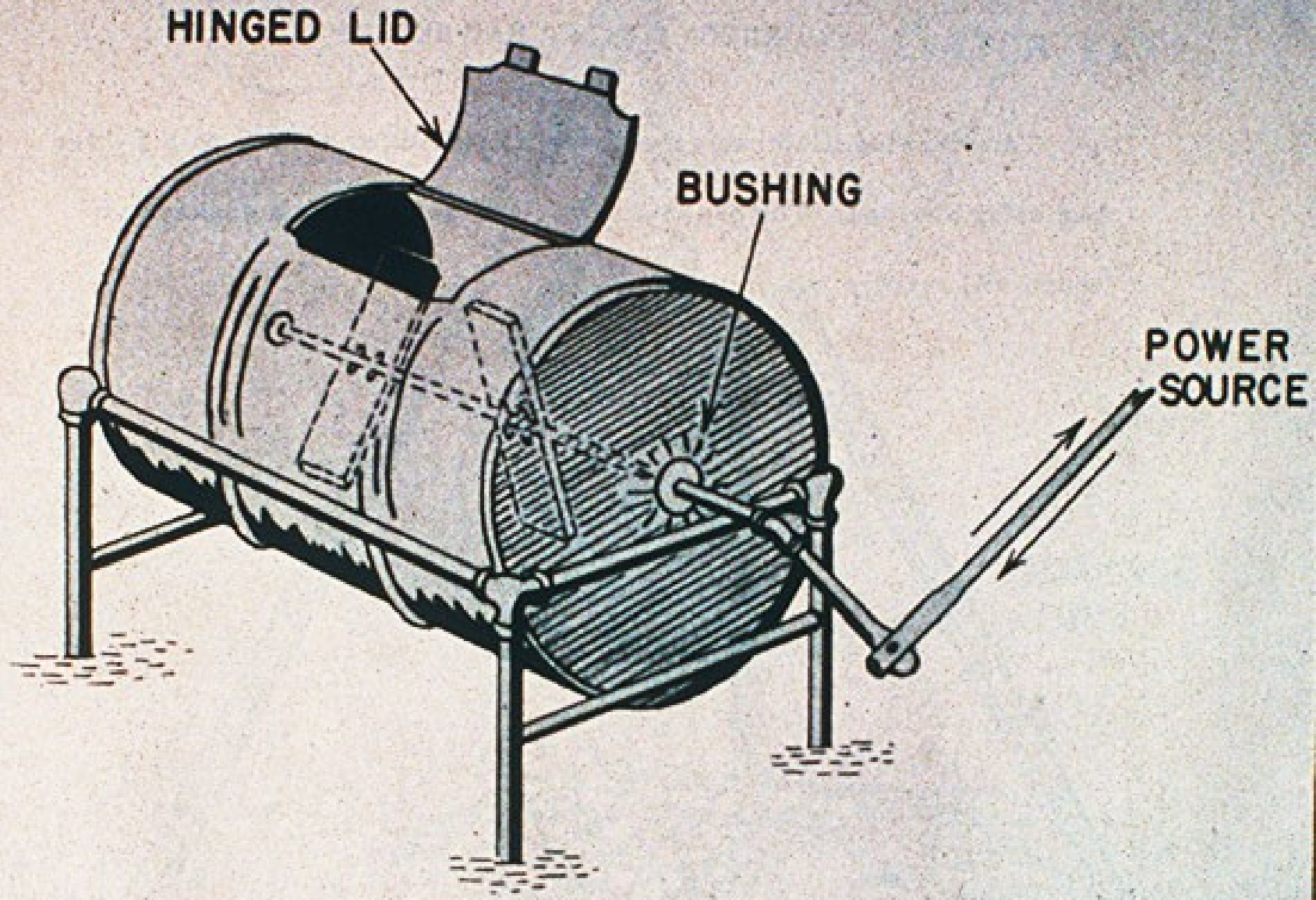


SHOWER UTILIZING OIL — WATER FLASH BURNER


PIPE TO FIT 1/2" BUNG HOLE
IN TOP OF 55 GAL DRUM
55 GAL DRUM WITH END REMOVED
VALVE
TIN CAN W/TOP REMOVED
& BOTTOM PERFORATED

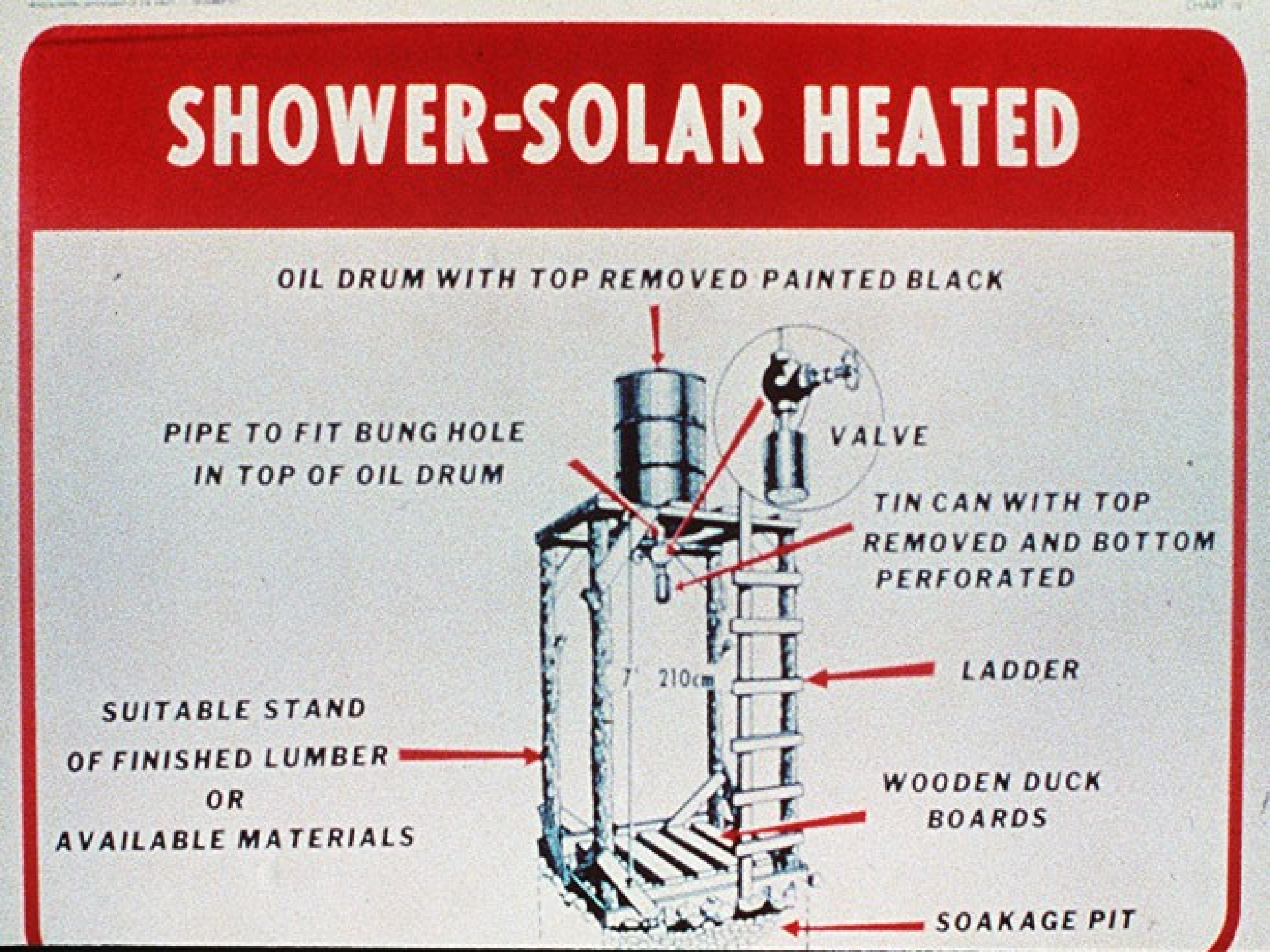
TILT DRUM SHOWER





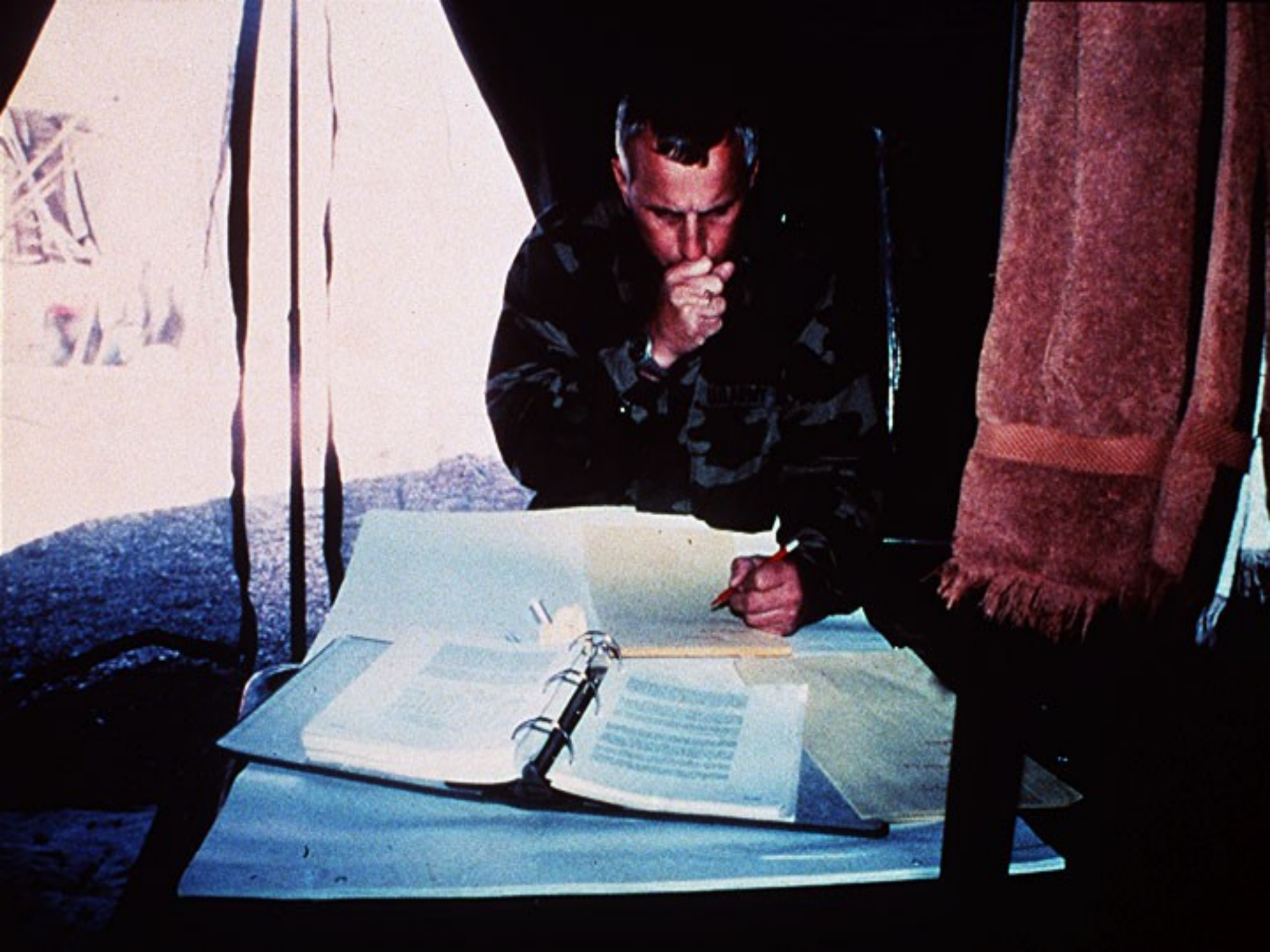
PADDLE TYPE WASHING MACHINE

SHOWER-SOLAR HEATED



REVIEW OF MAIN POINTS

- Personal hygiene
- Assist unit commander



HOWER
OLAR
EATED